

EDUCATION

The George Washington University, Washington, DC

Master's in Art Therapy, Graduation: May 2007, Overall GPA: 3.88

LPC Candidate, Additional Studies with the GW Counseling Department, Overall GPA: 4.0

Rhodes College, Memphis, TN

Bachelor of Arts, Art History, Graduation: May 2004, Overall GPA: 3.85

Study Abroad, Lincoln College, University of Oxford, Fall 2002

PROFESSIONAL EXPERIENCE

Catherine M Harris Art Therapy Services, Memphis & Nashville, TN, October 2008-Present

Private Contractor: Developed a private practice in art therapy by contracting with over twenty organizations in both Memphis and Nashville. Work with a variety of populations, including individuals with Alzheimer's disease and other age-related dementias as well as children in the medical setting and women with developmental disabilities. Created art therapy programs with the Dixon Gallery and Gardens, the Memphis Brooks Museum, and the Ronald McDonald House of Memphis. Handle all networking, scheduling, billing, and documentation. Design all promotional marketing material, including brochures, mailers, and web content.

IONA Senior Services, Washington, DC, June 2007-August 2008

Art Therapy Coordinator/Volunteer Liaison: Established IONA's first full-time art therapy program, Arts and Aging. Provided group and individual art therapy sessions to participants attending IONA's Adult Day Health Center and Early Alzheimer's Clubs. Organized tours for participants to local art museums. Contributed written material to the grant proposal responsible for funding Arts and Aging. Managed coordination of volunteer programming for IONA's Adult Day Health Center, including all recruitment, orientation, placement, and evaluation of volunteers.

IONA Senior Services, Washington, DC, August 2006-May 2007

Art Therapy Intern: Provided group and individual art therapy sessions to clients attending the Adult Day Health Center, many of whom had mild to advanced stages of Alzheimer's disease. Organized an art show featuring participant artwork, created and designed exhibit invitations and promotional material, and facilitated an exhibit opening for participants, staff, family, and friends.

Arlington Department of Parks, Recreation, & Cultural Resources, Arlington, VA, June 2006-August 2006

Visual Arts Counselor: Worked for Arlington's Performing Arts Camp and led groups of children ages 5 to 7 in creative arts projects. Led aftercare groups in therapeutic art interventions.

Children's National Medical Center, Washington, DC, January, 2006-June, 2006

Art Therapy Intern: Assisted the hospital's art therapy program, New Horizons, in providing individual and group art therapy sessions to patients admitted to the various medical units and child psychiatric unit.

Hospital for Sick Children, Washington, DC, January 2006-May 2006

Art Therapy Intern: Established an art therapy program with two other interns in this facility dedicated to long-term pediatric care.

Disability Rights Commission, London, England, January 2005-May 2005

Codes Assistant: Assisted the Transport and Public Sector departments in the creation of new legislation concerning the rights of disabled citizens. Responsibilities included scheduling meetings, organizing conferences, making hotel and travel arrangements for conference attendees, booking necessary catering, documenting conference proceedings, and editing draft codes of legislation.

Memphis Brooks Museum of Art, Memphis, TN, January 2004-May 2004

Education Intern: Created education materials to guide parents and their children through both the permanent and traveling exhibitions.

HONORS and AWARDS

Wellness 66, Nashville, TN, November 2011

Workshop Leader: Facilitated a workshop at this annual conference held by Parthenon Pavillion illustrating how caregivers can use art to promote communication and reminiscence within loved ones with Alzheimer's disease.

Alzheimer's Association Central Arkansas Chapter, Little Rock, AR, August 2011

Guest Speaker: Presented a PowerPoint on the benefits of art therapy and individuals with Alzheimer's disease at the chapter's annual Education Conference for professionals, families, and caregivers.

The Broadmore Caregivers Support Group, Murfreesboro, TN, June 2011

Guest Speaker: Presented a talk on the benefits of art therapy with senior citizens and individuals with Alzheimer's disease.

Rutherford Senior Service Providers, Murfreesboro, TN, March 2011

Guest Speaker: Presented a talk on the benefits of art therapy with senior citizens and individuals with Alzheimer's disease.

American Art Therapy Association Conference, Sacramento, CA, November 2010

Presenter: Presented a PowerPoint on the benefits of art therapy in the museum setting with older adults suffering from Alzheimer's disease.

Page Robbins Adult Day Care Center, Collierville, TN, September 2010

Guest Speaker: Presented PowerPoint illustrating how caregivers can use art to engage loved ones with Alzheimer's disease in communication and reminiscence.

GW Department of Art Therapy, Washington, DC, April 2008

Guest Speaker: Presented PowerPoint on the use of art therapy to empower senior citizens and individuals with Alzheimer's disease.

Take Charge of Your Aging, Washington, DC, November 2007

Guest Speaker: Led a discussion on the benefits of art therapy with senior citizens and the process of life review in this community-based support group organized by IONA Senior Services.

VCU School of Social Work, Alexandria, VA, October 2007

Guest Speaker: Presented PowerPoint on using an open studio approach to art therapy with senior citizens and individuals with Alzheimer's disease.

American Art Therapy Association Conference, New Orleans, LA, November 2006

Student Presenter: Presented original research on art therapy and its use with individuals suffering from eating disorders.

Rhodes College, Memphis, TN, August 2000-May 2004

Apollonian Award for Art History, Presented May 2004

Phi Beta Kappa, Inducted May 2004

LEADERSHIP and SERVICE

Camp W.I.N.G.S., Jackson, TN, August 2009 & August 2010, *Volunteer Art Therapist.*

Memory Walk, Memphis, TN, November 2009, *Set-up/Clean-up Volunteer.*

Ronald McDonald House, Memphis, TN, August 2009, *Volunteer Art Therapist.*

Memphis Brooks Museum, Memphis, TN, October 2008-2010, *Volunteer.*

National Memory Walk, Washington, DC, October 2007, *Team Captain.*

World Children's Festival, Washington, DC, June 2007, *Volunteer Art Therapist.*

George Washington Art Therapy Student Association, 2005-2007, *Co-president*, 2006.

Drawn From Building L, 2005-2007, *Writer.*